
Shared power
Relational leadership
Focus on youth empowerment and structural change
Share power and decisions
Design for overlapping lives
Rethink programme design and delivery
layered barriers
Intersecting identities
leaders like us
Transformational youth physical activity leadership development
Rethinking who gets to lead and how leadership is recognised, supported and sustained in physical activity.
Actions for transformative practice:
Build contractual and financial flexibility
Strengthen relational accountability and cultural safety
Redistribute power and decision-making
Expand workforce opportunities
Prioritise representation and belonging as outcomes
Evaluate and capture transformation